

## Courses & Entry Requirements

**\*\*Bare in mind, Passion, Talent & Natural Ability trumps all listed Requirements. Submit a motivation letter should you not meet Requirements**

Code	Course	Requirements to be Accepted for Course
SSHSM	Hot Stone Massage	Basic Massage Certificate, Anatomy, Passion for Purpose
SSBCR	Massage Business & Client Relations	Qualified Massage Therapists or HealthCare Provider
SSBM	Massage Basics	Love for Humans, Anatomy Curiosity, Compassion
SSBB	Biography Creates Biology	Qualified Massage/ Body work Therapist
SSMS	Movement & Stretch Massage	Strong Anatomy Experience
SSPO	Post Opp Massage	Massage Qualification & Strong Massage Experience
SSYS	Yoga Sequencing	Min. 200YTT Certificate
SSFC	Simple Sense Therapist Course	Psychometric Test, Interview & Assessment (Only 2 spots/year)
SSGE	Simple Sense The Edge	Employed & Qualified Therapists only

## Courses & Estimated Duration

Code	Course	Practical Theory	Actual In- Practice Hrs	Total Duration on Site
SSHSM	Hot Stone Massage	3-6Hrs	3Hrs	1 day (Max 10 Hours)
SSBCR	Massage Business & Client Relations	5 Days	1,5 Days	1 Week (Max 52 Hours)
SSBM	Massage Basics	7 Days	7 Days	14 days (Max 110hrs)
SSBB	Biography Creates Biology	7 Days	7 Days	14 days (Max 110hrs)
SSMS	Movement & Stretch Massage	7 Days	7 Days	14 days (80 hrs)
SSPO	Post Opp Massage	15 Days	14 Days	30 days (200hrs)
SSYS	Yoga Sequencing	14 Days	ALL - 14 Days	14 days (60hrs)
SSFC	Simple Sense Therapist Course	10 Months	14 Months	2 years (Almost 5000hrs)
SSGE	Simple Sense The Edge	4 Days	10 Days	14 days (Max 110hrs)

## Courses & Costs

Code	Course	Cost	Cost+Accomodation
SSHSM	Hot Stone Massage	R 1 200,00	R 1 740,00
SSBCR	Massage Business & Client Relations	R 3 300,00	R 4 560,00
SSBM	Massage Basics	R 5 500,00	R 8 020,00
SSBB	Biography Creates Biology	R 3 500,00	R 6 020,00
SSMS	Movement & Stretch Massage	R 5 500,00	R 8 020,00
SSPO	Post Opp Massage	R 9 300,00	R 14 700,00
SSYS	Yoga Sequencing	R 3 500,00	R 6 020,00
SSFC	Simple Sense Therapist Course	R 24 000,00	R 72 000,00
SSGE	Simple Sense The Edge	R 7 300,00	R 9 820,00

## Courses & Their Accreditation Requirements

Code	Course	Additional Requirements to be Accredited on Completion
SSHSM	Hot Stone Massage	20 Hours Off Site sessions, signed and Reviewed by Volenteers
SSBCR	Massage Business & Client Relations	1 month off site business management Practical Exam
SSBM	Massage Basics	100 Hours Off Site sessions, signed and Reviewed by Volenteers
SSBB	Biography Creates Biology	2 Additional Off Site assignments
SSMS	Movement & Stretch Massage	100 Hours Off Site sessions, signed and Reviewed by Volenteers
SSPO	Post Opp Massage	2 Off Site Assignments, 20 Hours Off Site sessions, signed and Reviewed by Volenteers & Return for Final Exam
SSYS	Yoga Sequencing	Practical on Site, 1 On Site Assignment
SSFC	Simple Sense Therapist Course	*This Course is hard work and intensive, many do not make the final cut.
SSGE	Simple Sense The Edge	Employer & 5 Client Reports & Reviews